

Folsom Intellects

Thurs. 12:05- 1:00 PM , Room: FM3-102

Toastmasters

Winter 2017

Member News

Featured Member: Randy Nystrom, DTM

This month we are featuring long-time Intellects member Randy.

Educational Awards – Congratulations!

Distinguished Toastmaster – Randy Nystrom
Competent Communicators – Kishore Veturi, Melanie Spring
Advanced Communicators – Eric Msechu, Justin Wenck, Steve Crismond
President's Distinguished Club – Folsom Intellects

Welcome New Folsom Intellect Toastmasters:

Steve Crismond, Kirk Camunez, Harsha Shedbalkar, Adnan Reza, Ambethkar Venkatraman, Jesus Garcia, Kristoffer Berrien, Luis Montelongo, Sherri Rinkel, Simon Lee, Deva Dharanipathi, Theresa Pratt

Upcoming Event & Announcement

Reverse meeting on December 14th, 2017
No club meeting on Dec 14th, 2017 or Dec 28th, 2017

Officers: July 1st, 2017-December 31st, 2017

President:	Pushyak Kalkunte, ACB
VP Education:	Melanie Spring, CC
VP Membership:	Kiran Bhat, CC
VP Public Relations:	Eric Msechu, ACB
Treasurer:	Randy Nystrom, DTM
Secretary:	Kishore Veturi, CC
Sergeant of Arms (1):	Pradeepkumar Bola
Sergeant of Arms (2):	Shann Galuza, DTM

Club Growth Goals (tracking to June 30th, 2018)

Goals Met	4
Distinguished	5
Select Distinguished	7
President's Distinguished	9



*President's Perspective
Pushyak Kalkunte, ACB*

Go all in!

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One of the very first things I learnt from my mentor about being a Toastmaster was - "What you put into the club is what you get out of it." This little piece of advice has been with me through my Toastmasters journey. I've grown and learnt the most whenever I've gotten more involved with the clubs myriad roles. Be it a timer, grammarian, S@A or even the Ballotmaster. They've all been learning experiences. I implore you get the most out of the club and the Toastmasters program by *going all in*. Sign up for a different role, try out an officer position - "Get out of your comfort zone!". Let's shatter those imaginary ceilings that we've conformed ourselves to and become great leaders and communicators.

Featured Folsom Intellectuals
Member: Randy Nystrom, DTM



Member of Folsom Intellectuals since: Feb.1st, 2008

Occupation: IT Data Center Manager and senior staff

Awards and Goals Achieved: DTM

Q1: Can you tell is a little bit about yourself?

Married 33 years to Renee, 2 boys Reid 29 and Cole 25, I've built my own home, I love to waterski and bike riding

Q2: What brought you to Toastmasters?

My manager at the time suggested I join Toastmasters to improve my presentation skills, knowing your audience to be able to deliver a presentation to any level, to peers, management

Q3: What is your typical week like? Are there parts of it that Toastmasters has made easier to help you become more impactful?

60% of my day is in meeting reviewing projects or presenting, in all aspects of my weekly work I use what I've learned in Toastmasters to its fullest by preparation, pre-review my materials before the meeting and key, knowing who you are presenting to

Q4: What advice do you have for your fellow Toastmasters?

Each Project in your manual has a specific purpose, read the project before you finish writing your speech, understanding the project will make your speech delivery much easier